Broadmayne First School PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**Cross the midline** Throwing and catching –bean bags	**Cross the midline** Bouncing and rolling	Bat/racquet skills	Throwing and catching - balls	Travelling and kicking	Swimming
		Dance imoves - Weather	Gymnastics jumps, travelling	Dance imoves- Healthy Me	Gymnastics Rolls, travelling	Swimming
Year 1	Throwing and catching	Travelling and dribbling Football	Throwing and catching - Tennis	Travelling and dribbling - Hockey	Striking and fielding Games	Swimming
	Gymnastics shapes/balances, travelling	**Dance** imoves - Animals	Gymnastics jumps, travelling	Dance imoves - Minibeasts	Gymnastics Rolls, travelling	Swimming
Year 2	Netball	Football	Tennis	Hockey	Striking and fielding	Swimming
	Gymnastics shapes/balances, travelling	Dance imoves - Eco-Warriors	Gymnastics jumps, travelling	Dance imoves - The Great Fire of London	Gymnastics Rolls, travelling	Swimming
Year 3	Netball **Netball** - maintaining possession and stopping an attack in ball games	Football Attack and Defence	Net and Wall Games Tactics and strategies to overcome a component	Hockey	Striking and fielding Fielding vs batting	Swimming

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	Gymnastics	Dance imoves - Combat	Gymnastics Movements, balances and sequence composition.	Dance imoves - Ancient Romans	Health and wellbeing: Mindfulness and meditative balances	Swimming
Year 4	Netball Maintaining possession and stopping an attack.	Football Maintaining possession and stopping an attack	Net and Wall Games Tactics to overcome an opponent through pickle ball.	Hockey	Striking and Fielding Tactics and strategies through racing rounders	Swimming
	Outdoor Adventurous Activities Solving Problems with Good Teamwork in a challenge	Dance imoves - Hip Hop	Gymnastics Symmetry and Asymmetry	Dance imoves- Strictly	Health and Wellbeing: mindfulness, meditative balance and relaxation techniques	Swimming