YEAR 3 KNOWLEDGE ORGANISER

Autumn 1

PE Outdoor adventurous activities



Our goal Work together, communicate clearly and use tactics to solve team challenges.

1 Make a team plan

Agree a shared goal. Listen to everyone's ideas.

Choose a simple tactic and make sure everyone knows their role.

In **The Floor Is Lava**, plan how to get every teammate across using stepping stones.

2 Be a good leader

Give short, clear instructions.

Listen to your teammates and use their ideas and strengths.

Encourage everyone. A leader helps the whole team take part.

Take turns to lead.

3 Communicate clearly

Verbal: use clear words.

Non-verbal: use pointing, nodding, hand signals or facial expressions.

Take turns to speak. Look and listen carefully.

Check everyone understands the plan.

4 Solve problems together

Try your plan and notice what happens.

If it does not work, discuss what to change. Keep trying without blaming anyone.

In **Code Breakers**, use signals and clues to put coloured cones in the right order.

5 Cooperate and improve

Follow the rules and help each other.

In **Hoop Race**, work together to move a hoop around your circle without letting go of hands.

Review your tactic, then try to improve your time.

6 Attack and defend

Attack: try to score points.

Defend: try to stop the other team scoring.

Agree roles and use your tactics throughout the game.

Play fairly and encourage teammates, even when the game is difficult.

Words to know

Tactic - a planned set of actions to help you reach a goal.

Collaborate - work together. **Role** - your job in the team.

Resilience - keep trying and adapt when things are difficult.

Success - reaching a goal, improving, including others or playing fairly.

Can you explain it

How can you communicate without words?

What makes a helpful team leader?

What could you change if a tactic fails?

Based on our Year 3 outdoor adventurous activities team challenges unit