Broadmayne First School DANCE SEQUENCE OF LEARNING

Non-Negotiables

Reception	Year 1	Year 2	Year 3	Year 4
Healthy Me I can create actions and movements that travel. I can describe how my body feels before, during and after an activity. I can link 2 movements together to begin a sequence. I can use imagination when creating actions. I can move confidently in a range of ways, safely negotiating space. I can show increasing control and co-ordination in large and small movements. I can clap and stamp in time to the music with my teacher. I can create actions about body parts, senses, growing up and healthy routines. I can talk about my movements and actions.	**Mini Beasts** I can create and develop movements that travel and change direction and speed. I can show how to exercise safely. I can link 2 or more movements together to begin a sequence. I can use imagination when creating actions and ideas. I can work with a partner or small group to copy or create a formation. I can show more control in a variety of movements. I can move in time to the music with my teacher. I can create movements for burrowing, crawling and flying creatures. I can suggest how to improve my performance.	**The Great Fire of London** I can explore combining travelling, jumping and turning at different levels. I can describe how my body feels during activity and what it needs to keep healthy. I can link 2 or more movements, remember their order and perform a sequence. I can use imagination when creating actions and ideas. I can work with a partner or small group to copy start and end positions. I can control my movements and show good co-ordination. I can move in time to the music independently. I can tell the story through movements showing bakers, fire, escape, Samuel Pepys and rebuilding. I can suggest improvements to my own and others' performances.	**Roman Dance** I can copy and repeat movement skills including travelling, turning, jumping, balance, levels and different planes of movement. I can count phrases of 8 on the regular beat correctly and confidently. I can combine skills such as travelling and turning with some complexity and confidence. I can move confidently in time to different types of musical accompaniment. I can express an idea in an original way. I can work co-operatively with a group to create a dance sequence with start and end positions and changing formations. I can link 3 or more movements, remember their order and perform a sequence. I can create a group dance about a Roman god or goddess within 32 slow counts.	**Strictly imoves** I can copy, repeat and develop movement skills including travelling, turning, jumping, balance, levels and different planes of movement. I can count phrases of 8 on the regular, slow and quick beat correctly. I can combine skills with more complexity, confidence and precision. I can move in time to the music, showing an awareness of rhythm and phrasing. I can express ideas in original and imaginative ways. I can work co-operatively with a group to create dance sequences with good synchronicity in formations, introducing canons. I can practise and perform moves from Samba, Salsa, Broadway, Charleston, Hip Hop and Jive. I can choose the order of learned moves or add my own extra sequence to create a routine.

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			I can suggest ways to improve my own and others' performances.	I can suggest ways to improve my own and others' performances.