



# Stories we will be exploring include:

All Are Welcome
Love Makes a Family
Pink is for Boys
Amazing
The Colour Monster
The Squirrels Who Squabbled
The Best Diwali Ever
Room on the Broom
The Gigantic Turnip

# **English**

# Name Writing and Letter Recognition:

Children will practice writing their names with various materials such as playdough and chalk.

Supersonic Phonic Friends:
We will introduce children to a range of phonetic sounds to support early reading and writing skills. Sound books and Reading Records will be sent home.



## **Acorns Class**

# Autumn 1 Ourselves!

Welcome to Acorns Class!
We are so excited to support your child with their learning!

## Physical Development

#### Fine Motor Skills:

Opportunities for fine motor skill development will be present throughout our classroom. Activities will include: threading pipe cleaners through colanders, making patterns with gems and developing our scissor skills.

#### Gross Motor Skills:

Outdoor activities like running, jumping, and obstacle courses will promote strength and coordination, helping children understand how exercise benefits the body.

In our "iExercise Animal Explorers" unit in PE, children will explore a variety of animals on land and under the sea to learn how the body works, the benefits of exercise, and the importance of a

healthy, active lifestyle.

# <u>Personal, Social and Emotional</u> <u>Development</u>

### HeartSmart:

Our HeartSmart topic this term is "Get HeartSmart". This program teaches children about making good choices that protect their hearts and the hearts of others. Through activities and discussions, children will learn about kindness, resilience, and understanding emotions, helping them to build healthy relationships and develop a positive self-image.

### Celebrating Uniqueness:

Through circle time we will share qualities that make ourselves and each other special, focussing on our differences and similarities in a positive way

## Healthy Choices:

Sharing a healthy fruit snack together every day will encourage conversations about our favourite foods.

#### Emotional Awareness:

Using stories, mirrors and facial expressions we will discuss emotions. We will link this to our zones of regulation and begin to explore how to manage our feelings.





# Communication and Language

## Building Vocabulary:

Through activities like "I Spy" nature walks, children will learn and practice new words, honing their listening skills and identifying sounds around them.

## Story Time:

We will immerse children in high quality texts. Children are encouraged to listen to stories, answer questions about them and share their thoughts and opinions

Enhancements within the classroom will be planned to excite and promote questions and conversations.

## **Mathematics**

# Counting and Number Recognition: Through a variety of adult led and

child initiated activities we will be exploring counting real life objects, numeral recognition and subitising.

# Understanding Shapes and Measure:

We will explore the shapes in our environment and discuss properties of common 2D shapes. We will begin to explore types of measure such as size and weight. We will look for patterns around us and create our own patterns. We will also talk about time in the context of day and night time routines and activities.

## <u>Understanding the World</u>

## Family and Community:

We will share stories about families, draw pictures of ourselves and our families and display family photos to develop understanding of diverse family structures and communities.

Exploring Autumn and Nature:
We will observe the changing seasons. Children will use their senses to observe the environment noticing colours, textures and sounds.

# **Expressive Arts and Design**

We will encourage and develop creative self expression through adult led and child initiated activities throughout the classroom. Activities like making self-portraits, finger-painting, and loose-part collages allow children to explore art techniques while expressing their individuality.